

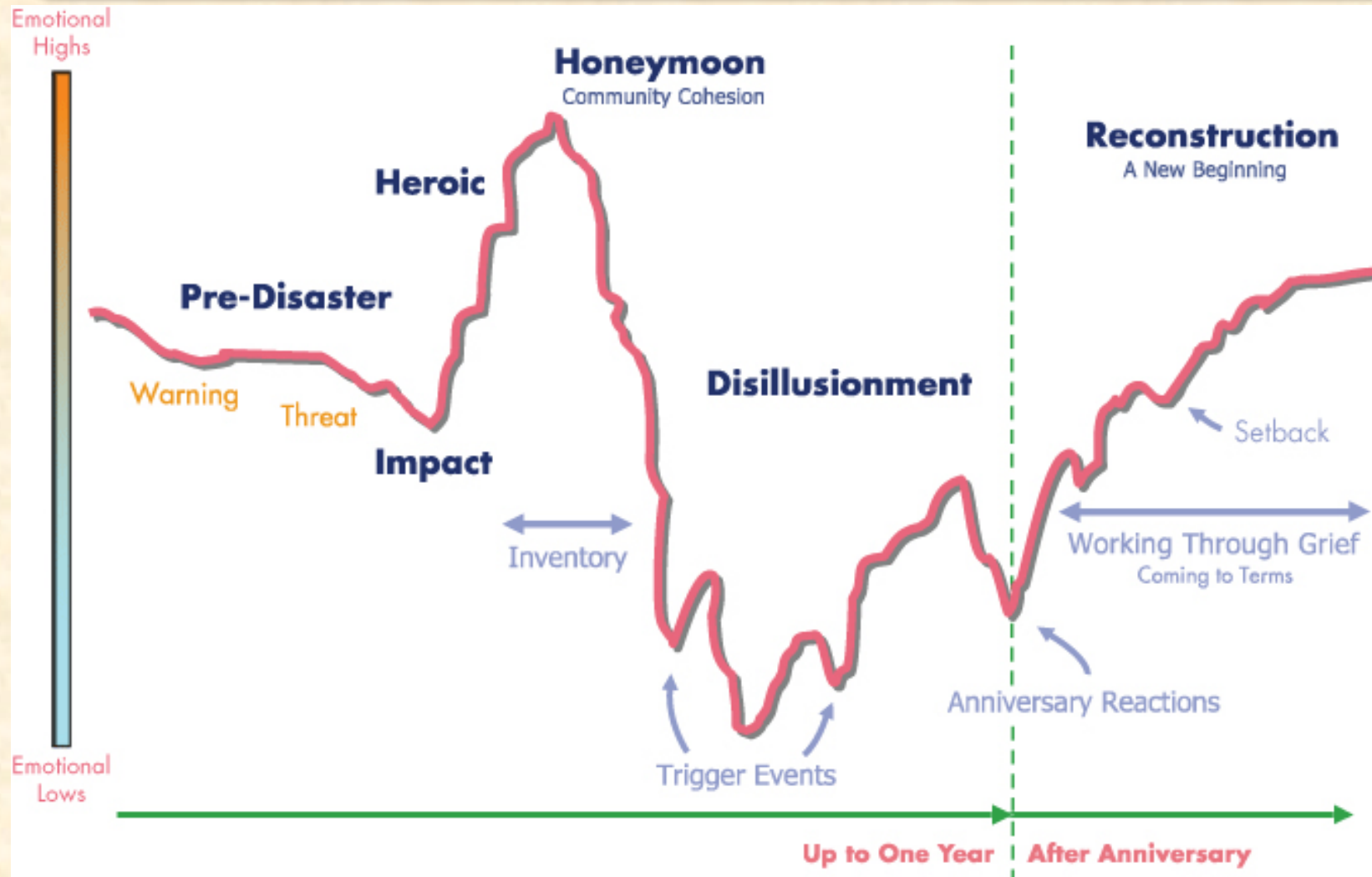


# Sonoma County Recovers Together



Recovery Planning Community Meetings

# Community Response



Source: Zunin/Meyers, as cited in U.S. Department of Health and Human Services. (2000). *Training manual for mental health and human service workers in major disasters* (DHHS Publication 90-538). Washington, DC: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services

# Types of Individual Reactions



Physical



Emotional

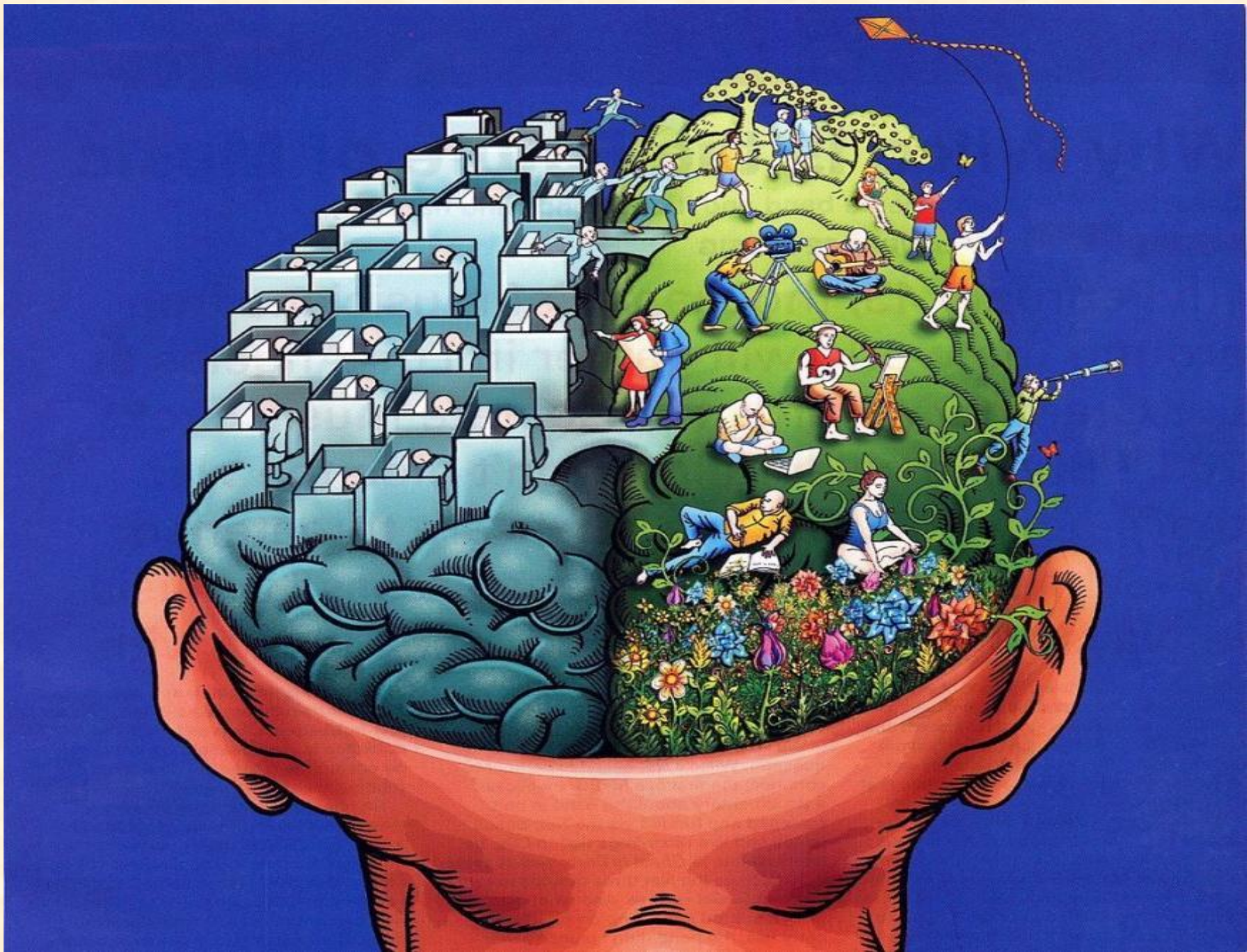


Cognitive



Behavioral





Self-Regulating

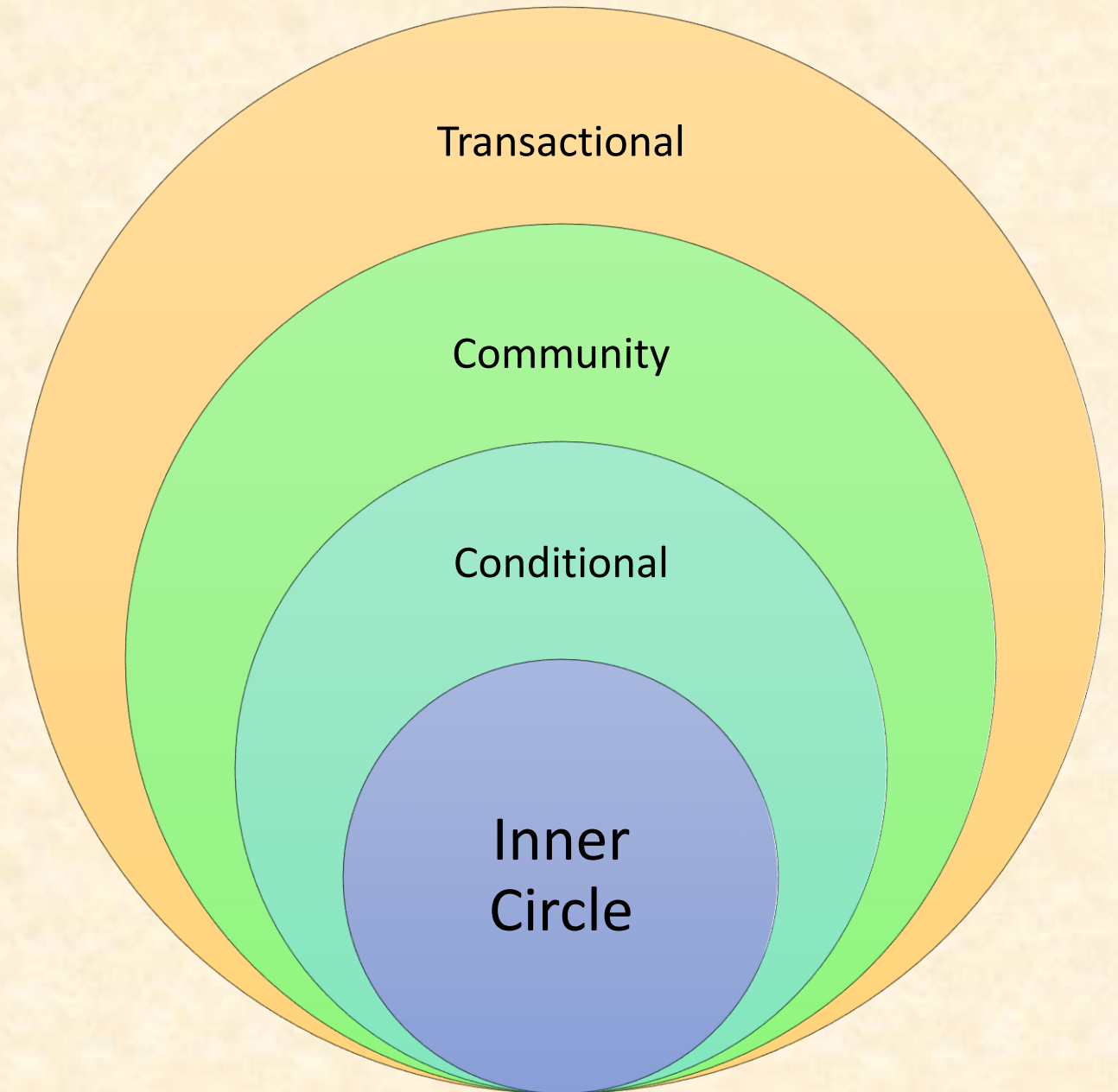
HRV (Heart Rate Variance)

Breathe in, your HR goes up

Breathe out, your HR goes down

# The Power of Connection

- Do...
  - Decide carefully whom to talk to
  - Let others know you need to talk or just to be with them
  - Tell others you appreciate them listening
- Don't...
  - Keep quiet because you don't want to upset others
  - Keep quiet because you're worried about being a burden
  - Wait until you're so stressed or exhausted that you can't fully benefit from help





# Self-Care: How's Your Five?

Eat

• *Well*

Move

• *Daily*

Hydrate

• *Often*

Sleep

• *More*

Love

• *Laugh and Connect*

# Office of Recovery & Resiliency

- Supporting the county's long term recovery planning efforts
- Collaborating across county departments
- Partnering with other jurisdictions – cities, state, federal partners
- Partnering with community organizations
- Tracking progress towards recovery
- Applying for external funding
- Engaging our community





# Progress

**Debris Removal** – Cleared 7,000 structures and 90 miles of roads.

**Rebuilding Progress** - Permit Resiliency Center issuing expedited permits, landscape design templates available, free energy efficiency rebuilding consultations, Property Assessed Clean Energy (“PACE”) financing available.

**Natural Resources** - Hundreds of miles streams and creeks protected from toxic runoff, Installed 43 miles of wattles, Fire camera pilot project at Lake Sonoma.

**Community Support** - Small Business Recovery Center, District Attorney’s Office investigates price gouging, issued disaster unemployment insurance, California HOPE counseling available.

**Warning** – Policy changed: Wireless Emergency Alert system will be used, two staff positions approved for new countywide warning program.



# Sonoma County Recovers Together



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## Recovery and Resiliency Framework



# Housing

## **Community:**

Acknowledge community and individual grieving process as a critical component of the rebuilding process

- Loss of normalcy and routine
- Loss of place and connection with the past
- Loss of a support structure that had previously existed within neighborhoods

## **Urgency Required:**

Rebuilding quickly and building new affordable housing couldn't be more urgent to restore our community

## **Location Matters:**

New development will mostly occur within incorporated Urban Growth Boundaries and in Priority Development Areas (PDAs)





# Housing

## **Vision:**

Sonoma County has a housing market that is in balance; is resilient and climate-smart at the regional, neighborhood, and homeowner scale; is affordable to area workers and the most vulnerable; where communities of color and other historically disadvantaged groups have equal and fair access; with a diversity of homes located near transit, jobs and services; and where the economy is vital.

An orange hexagon graphic with the word "Housing" centered inside it in white text.

Housing



# Community Preparedness & Infrastructure

## **Vision:**

Sonoma County residents, communities, governmental and non-governmental agencies are better prepared and more resilient when disaster strikes with effective community warning systems, accurate situational awareness, prepared residents, well-protected critical infrastructure, and disaster and recovery financing systems in place



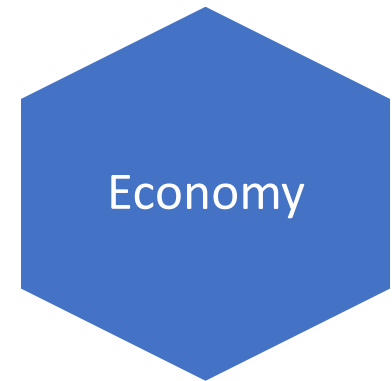
Community  
Preparedness  
and  
Infrastructure



# Economy

## **Vision:**

Sonoma County will partner with local employers to become a resilient, inclusive, and economically diverse community



# Natural Resources

## **Vision:**

Sonoma County's natural resources and working lands (i.e., soils, streams, groundwater, agricultural and biologic resources) are healthy and productive, and managed at a landscape scale to support watershed and community resiliency and protect public health and safety, while contributing to economic vitality and enhanced ecological values.

A green hexagon graphic containing the text "Natural Resources".

Natural  
Resources





# Safety Net Services

## **Safety Net Services Recovery Plan is in progress.....**

- Held data gathering efforts with Focus Groups and Community Partner Convening
- August 7, 2018 Board of Supervisors Safety Net Services Recovery Workshop
- Share your ideas!



Safety Net  
Services



# Sonoma County Recovers Together

## Break Out Discussions

### **Your Role:**

- Write your ideas down
- Share ideas with table

### **Our Goal:**

- Collect input to shape the Vision and the Goals for each Strategy Area
- Collect ideas for how to achieve the visions and goals



# Sonoma County Recovers Together Break Out Discussions



# Ongoing Public Input

- **Spread the word! Recovery Planning Community Meetings:**
  - Aug 2<sup>nd</sup>, 6 - 8 pm, Finley Center
  - Aug 8<sup>th</sup>, 6 - 8 pm, Sonoma Veterans Building
- **Complete Worksheets tonight or mail them in.**
- **Complete a Survey online at <https://sonomacounty.ca.gov/ORR>**
- **Send Input to [recoveryinfo@sonoma-county.org](mailto:recoveryinfo@sonoma-county.org)**
- **Invite us to share at community meetings**





